

## Administrative Regulation

Smog Alert, Procedures Related to

Air pollution reports are prepared daily by the South Coast Air Quality Management District and disseminated to the Education Center via an email alert when unhealthy.

Air quality information can be accessed via the Internet at <https://xappprod.aqmd.gov/aqdetail/AirQuality?AreaNumber=17>. This information includes daily forecasts and hourly updates. The district is located in air monitoring zone 17.

The SCAQMD designates air pollution episodes in six categories. Each category corresponds to a different level of health concern. Each category also has a specific color. The color makes it easy for people to quickly determine whether air quality is reaching unhealthy levels in their communities.

Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality
Green	Good	0 to 50	Air quality is satisfactory, and air pollution poses little or no risk.
Yellow	Moderate	51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.
Orange	Unhealthy for Sensitive Groups	101 to 150	Members of sensitive groups may experience health effects. The general public is less likely to be affected.
Red	Unhealthy	151 to 200	Some members of the general public may experience health effects; members of the sensitive groups may experience more serious health effects.
Purple	Very Unhealthy	201 to 300	Health alert: The risk of health effects is increased for everyone.
Maroon	Hazardous	301 to higher	Health warning of emergency conditions: everyone is more likely to be affected.

Because young people are more susceptible to the effects of air pollution, state and federal guidance identified the following actions that schools can implement to minimize exposure to poor air quality:

Activity	Green	Yellow	Orange	Red	Purple & Maroon
Recess (15 min.)	No Restrictions	Ensure that sensitive individuals are medically managing their condition.*	Sensitive individuals should exercise indoors or avoid vigorous outdoor activities.*	Sensitive individuals should exercise indoors or avoid vigorous outdoor activities. Sensitive individuals should remain indoors.*	No outdoor activity. All activities should be moved indoors.
P.E. (1 hour)	No Restrictions	Ensure that sensitive individuals are medically managing their condition.*	Sensitive individuals should exercise indoors or avoid vigorous outdoor activities.*	Exercise indoors or limit vigorous outdoor activities to a maximum of 15 minutes. Sensitive individuals should remain indoors.*	No outdoor activity. All activities should be moved indoors.
Athletic Practice & Training (2-4 hours)	No Restrictions	Ensure that sensitive individuals are medically managing their condition.*	Reduce vigorous exercise to 30 minutes per hour of practice time with increased rest breaks and substitutions. Ensure that sensitive individuals are medically managing their condition.*	Exercise indoors or reduce vigorous exercise to 30 minutes of practice time with increased rest breaks and substitutions. Sensitive individuals should remain indoors.*	No outdoor activity. All activities should be moved indoors.
Scheduled Sporting Events	No Restrictions	Ensure that sensitive individuals are medically managing their condition.*	Increase rest breaks and substitutions per CIF guidelines for extreme heat. Ensure that sensitive individuals are medically managing their condition.*	Increase rest breaks and substitutions per CIF guidelines for extreme heat. Ensure that sensitive individuals are medically managing their condition.*	Event must be rescheduled or relocated.

\*Sensitive Individuals include all those with asthma or heart/lung conditions.

Ref: EC Section 35161  
Health and Safety Code Section 40400, SCAQMD Rule 701  
Approved: September 23, 1971  
Revised: October 18, 1979  
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