

Administrative Regulation

Physical Education, Medical Exclusion from Required Participation in

A physician's statement is required to excuse a student from state-mandated physical education activities when reasonable doubt exists regarding the validity of an illness or disability.

Refusal by a student, less than 16 years of age, to either participate in the required physical education activities or to secure a medical statement shall be considered proper cause for suspension of that particular student. In addition to suspension, the principal may refuse to issue a diploma to any student who fails to comply with the required physical education program. The adopted credit for physical education is a graduation requirement.

In cases of deficiencies in required physical education credits, a student may be permitted to enroll in a second physical education class during the following semester. When permission is granted to a student to enroll in a second physical education class, neither of the classes shall be scheduled immediately after lunch. Written permission from the parent/guardian authorizing a second physical education class during the regular school year must be retained on file by the counselor.

Ref: EC Sections 51050, 51222, 51241

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